



**B-UNIQUE**  
Leonardo Lago di Garda  
Wellness & Spa

# **WELCOME TO B-UNIQUE SPA & FITNESS**

Dear Guests,

Covering an area of over 2000 square metres, B-Unique Spa & Fitness, the exclusive spa at Leonardo Lago di Garda Wellness and Spa, offers hotel guests a relaxing stay.

This spa is the comfort zone of Leonardo Lago di Garda and offers holistic wellbeing concepts at the highest level.

Our philosophy addresses the whole person and encourages a conscious approach to caring for your body. Together with an international research department, we have developed a complete concept of products, treatments and lifestyle tips to enhance wellbeing.

We consider skin as the mirror of our mental wellbeing, physical state and the daily choices we make. Our mission is to promote a soulful, healthy and sustainable lifestyle.

**PURO RELAX**



## THE B-UNIQUE MASSAGGES

### ***FULL BODY***

**50 min**

**80 min**

#### **Aroma Therapy Massage**

Relaxing, with natural and essential oils for holistic well-being

90 €

#### **Ayurveda Relaxing Massage**

Relaxing, releases tension and relieves stress

90 €

#### **Californian**

performed with wrap-around manoeuvres 'mind & soul'

90 €

#### **Deep Tissue Massage**

De-contracting, to restore the right muscle ton

90€

110 €

#### **Hot Stones Massage**

With hot stones to help relax and soothe muscles

90 €

#### **Swedish Massage**

To promote and stimulate blood circulation

80 €

### ***Exclusive by Leonardo Lago Di Garda***

**50 min**

#### **LEONARDO JUST FOR YOU**

Total body relaxing Massage

119 €

(Leonardo's towel as special Gift)

**ESALTA LA TUA ANIMA**



## THE B-UNIQUE SIGNATURE

### ***FACIAL***

**25 min    50 min**

**Hyalutonic Acid Anti-Age**

90€

**Facial Treatment with Gua Sha Stones, against wrinkles**

90 €

### ***KOBIDO***

Lifting effect Facial treatment, draining

55€

### ***BODY SCRUBS***

**50 min    80 min**

Body Scrubs with mineral Salts and Argan Oil

90 €

110 €

Coconut Oil and brown sugar full body scrubs

90 €

110 €

### ***BODY WRAPS***

**80 min**

**Detox Mud Wrap**

(20 minutes laing time)

90 €

### ***FOCUS ON***

**25 min**

**Leg Massage**

55 €

Stimulate tissues and act agains cellulite and

Water retention

**Head and Neck Massage**

55 €

Stimulate pressure and improves circulation in the scalps

**Shoulder and Neck Massage**

55 €

Release muscle massage



## **GENERAL INFORMATION**

### **Wellness customized on your needs**

Build your regeneration path together with our wellness professionals. Pure essential oils, floral and spicy notes in the air. Silence, peace. Skilled hands move with gentle gestures on your face and your relaxed body. In addition to traditional massages, here you will find specialized wellness treatments and techniques that come from afar to awaken dormant energies and make your natural beauty shine in a new light. Treatments are available from 50 minutes to 80 minutes. Choose your target together with our professionals, and achieve it building an exclusive path to relax, regeneration and renew of your inner energies. Ask our specialists for more information.

### **Important to know**

Entrance from 8:00 am to 08:00 pm (pool, wellness area and gym)

### **Treatment Bookings**

We suggest to book your treatment in advance by emailing [info.lagodigarda@leonardo-hotels.com](mailto:info.lagodigarda@leonardo-hotels.com) or calling +39 0456490177.

All treatments can be changed or cancelled for free up to 24 hours before. Cancellations within 24 hours incur a penalty of 50% of the total. Non-attendance shall incur a penalty of 100% of the service.

Children up to 18 years can access to the pool only with an adult  
Children up to 18 years are admitted from 8:00 am to 5:30 pm